LOVE LANGUAGES PERSONAL PROFILE



To Get Started:

The profile consists of 30 pairs of statements. Circle the one statement in each pair that best represents your desire. Your husband may or may not do some of these, but if he did, which would you prefer? Once you've made your selections, go back and count the number of times you circled each individual letter and write in the appropriate blank at the end of the profile.



1	A	I would love to get a funny email from my husband.		\mathbf{O}	в	Spending time with my husband makes me happy.
	E	l wish my husband would hug me more.		7	с	l wish my husband would give me more small gifts that still mean something.
2	в	I like to be alone with my husband.	1	\cap	A	I would like to hear my husband say he's proud of me.
4	D	I wish sometime my husband would take my car to be washed, or do some other act of service without being asked.	1	U	D	l wish my husband would help clean up without being told.
3	с	l would love for my husband to bring me a special gift, no occasion needed.	1	11	в	No matter what we do, I love doing things with my husband.
	в	l enjoy long trips with my husband.	1	I	Α	l would like to hear more supportive words from my husband.
4	D	I would feel really loved if my husband did the laundry.	1	2	D	l wish my husband would not only say nice things to me, but do nice things for me.
	Е	I like it when my husband touches me.	1	L	Е	I love to hug my husband.
5	Е	l would like my husband to put his arm around me sometimes when we are in public.	19	2	A	l wish my husband would praise me more often.
	с	I wish my husband would bring me gifts when he travels.		IJ	с	l wish my husband would give me gifts that are more thoughtful and personal.
6	в	l wish my husband was more enthusiastic about getting out and going places.	1	Λ	в	Just being around my husband makes me feel good.
	Е	l like to hold my husband's hand.	1	14	Е	l wish my husband would give me a massage.
7	с	I feel loved when my husband gives me gifts	1[Ľ	Α	If my husband would react positively to my accomplishments, that would be encouraging.
	A	I know he loves me, but I want to hear my husband say it.		J	D	l wish my husband would help me with tasks that he doesn't enjoy – just because he knows it would mean a lot to me.
8	Е	I like for my husband to sit close to me.	1		Е	I never get tired of my husband's kisses.
	A	When I'm all dressed up, I wish my husband would compliment me.	(0	в	I want my husband to show more interest in things I care about.

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17	D	I feel loved when my husband helps me with projects.	24	в	It bothers me when my husband interrupts me when I'm talking.
	с	I still get excited when opening a gift from my husband.		С	I never get tired of receiving gifts from my husband.
10	Α	l wish my husband would compliment me on my appearance more often.	75	D	I would like for my husband to offer to help me when I'm tired.
10	В	I want my husband to listen to me more and respect my ideas.	LJ	В	It doesn't matter where we go, I just like going places with my husband.
10	Е	I can't help but touch my husband when he's close by.	76	Е	I wish my husband and I cuddled more.
17	D	When I have a lot of errands to run, I wish my husband would sometimes offer to help.	70	с	l wish my husband would surprise me with a gift more often.
\mathbf{D}	D	l would feel like giving my husband an award if he helped me around the house.	27	A	My husband's encouraging words give me confidence.
ZU	с	l would feel loved if my husband's gifts showed signs of thoughtfulness.		В	I love to watch movies with my husband.
01	в	l wish my husband would give me his undivided attention when I'm talking to him and not play with his phone.	70	с	I wish my husband would give me a gift for no reason.
	D	I would love for my husband to help clean the house.	20	Е	I would love it if my husband touched me more.
77	с	l look forward to seeing what my husband gives me for my birthday.	29	D	It means a lot to me when my husband helps me despite being busy.
	Α	I want to hear my husband say how much I mean to him.		Α	I wish my husband would say, "I appreciate you."
72	с	I wish my husband gave me gifts more often.	20	Е	l love embracing with my husband after we've been apart for a while.
Z J	D	l wish my husband would help me, without my having to ask.	<u> </u>	A	l want to hear my husband say he misses me when I'm gone.

RESULTS

- ____ WORDS OF AFFIRMATION A: ____
- B: _____ QUALITY TIME
- **RECEIVING GIFTS** C: _____
- ACTS OF SERVICE D: ____
- PHYSICAL TOUCH E: _____

Which love language received the highest score?

This is your primary love language. If point totals for two love languages are equal, you are "bilingual" and have two primary love languages. And, if you have a secondary love language, or one that is close in score to your primary love language, this means that both expressions of love are important to you. The highest possible score for any single love language is 12.

Would you like an email copy of your results? Take the free quiz online

at 5lovelanguages.com and get your personal results emailed directly to vour inbox.

Want to learn more? Visit 5lovelanguages.com and sign up for Dr. Gary Chapman's FREE eNewsletter.



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